

DURHAM



Winter 2023





NEWS NOTES



Streetlight Out?

During these dark days of winter, you may notice a streetlight that is out, flickering, or on all day. Neighborhood streetlight outages should be reported to PGE on their website here:



You will need to provide the PGE tag number and the nearest address. You can find the tag on the lamp post.

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Community

Thank you, City Council President Chris Hadfield!

Durham City Council President, Chris Hadfield, is retiring after 28 years of service to the City. Chris and Irene moved to Durham with their children in 1987, and he served on the Planning Commission prior to being elected to the City Council in 1994. He was elected by his fellow Councilors to be Council President in 1997 and has been serving in that capacity ever since.

Chris earned his Bachelor of Science degree in Accounting from Portland State University, and is a retired sales manager. He enjoys traveling, riding his motorcycle, skiing, golfing, and his family.



Chris has a life-long history of service and giving back to his country and community, beginning with his service in the United States Navy. He has continued to serve in the Naval Reserve. His interest in service continued into his civilian life with his participation in the civic life of the City. Chris always felt that service was an important life lesson to demonstrate and teach his kids.

Chris is a fiscal conservative and takes his representation of his constituents and the City very seriously. He is also not shy about taking on an unpopular position when he feels something is not in the best interest of the City.

Chris has represented Durham in conjunction with his fellow Councilor, Keith Jehnke, in negotiations with the City of Tigard to retain Durham's historic position as a partner, not a client, in the Tigard Water Service Area. He participated in the Council's decision to implement street lighting along SW Upper Boones Ferry Road, which we all enjoy. Perhaps, most noticeably, he blazed the original Loop Trail in the City Park and successfully sought the funding to see this project through in conjunction with the Clean Water Services Outfall project.

Chris's years of service have helped shape Durham's character and livability. Thank you, City Council President Hadfield, for all you have done for your City! You are appreciated!

Kids Offer Joy and Encouragement on "Pep talk" Hotline

If you feel low or frustrated and would like to hear some encouragement, a pep talk, or the unbridled laughter of children, **call 707-8PEPTOC** (707-873-7862). The "Pep Talk" hotline is a project created by students and teachers at Westside Elementary in the small northern California town of Healdsburg.

When you call, a child will walk you through the menu. For example, "If you're feeling mad, frustrated or nervous, press 1." Then recorded voices offer earnest advice and affirmations from children. The hotline offers children speaking Spanish, too.



TVF&R Offers Tips to See you Safely Through Winter Storms

Winter storms can be dangerous, bringing heavy winds, freezing temperatures, power failures, as well as icy or flooded roads. Tualatin Valley Fire & Rescue encourages you to prepare yourself and your family for winter storms by following these safety tips:

Indoor Safety

- Have a professional perform annual inspections of your heating system and make any necessary repairs.
- If you have a fireplace, have the chimney inspected and cleaned • annually.
- Bring pets and smaller animals inside to keep them warm and odry.
- Keep heating sources at least 3
 feet away from materials that can •
 burn, and never leave lit candles
 or other flames unattended.
- Have a disaster supply kit with bedding, clothing, first-aid supplies, flashlights, food, a battery-operated radio, and water to be self-sufficient for the first 72 hours of any emergency. For more information on 72-hour kits, visit www.tvfr.com
- Know the shut-off locations for your electricity, natural gas, and water.
- During a power outage, turn off major appliances to reduce power demands when electricity is restored.
- Install smoke and carbon monoxide alarms in the home and test them regularly.

Outdoor Safety

- Minimize outdoor activities whenever possible. If you must venture outdoors, dress appropriately for the weather conditions you may encounter and avoid getting wet to prevent hypothermia.
- Don't overestimate how far you can walk on extremely cold, rainy, or snowy days.
- Use extreme caution when stepping outside in icy conditions, particularly in the morning when it's coldest and the ice hasn't had a chance to melt.
- Insulate exposed water pipes with fiberglass or foam to protect them from freezing.
- Report power outages to your electric company and NEVER touch a downed power line!
- If you have pets or livestock that must be outside, provide a sheltered area and access to nonfrozen drinking water.

Safety Behind the Wheel

- Avoid traveling when the Weather Service issues storm warnings.
- If you must drive, drive much slower than you would in ideal weather conditions.
- Have your car inspected to ensure it's in proper running condition.
 A breakdown during extreme weather can put you and your passengers in danger.
- Replace worn tires, belts, leaking radiator hoses, and burned-out headlights and taillights.

- Ensure your radiator has appropriate antifreeze for the conditions you will encounter.
- Have an emergency kit in your car equipped with blankets, flashlights, snacks, tools, a shovel, and kitty litter or sand for traction in case of an unexpected delay or emergency.
 - Keep your gas tank more than half full. Should a power outage occur, you may have difficulty finding a service station that can fill your tank.
- If you plan to travel in the mountains, carry the appropriate chains or traction devices required by law.

An Emergency Medical Card Can Save Your Life!

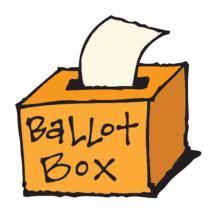
Help Emergency Responders help YOU by filling out an Emergency Medical Card and placing it on your refrigerator. It is important for responders to know about your conditions and medications. This card provides responders with critical information such as current medications, physician's name, past surgeries, and emergency contacts. You can pick up a card at Durham City Hall, print one at tvfr.com/149/Emergency-Medical-Cards, or call 503-649-8577.



For more fire and life safety tips, visit www.tvfr.com







2022 Election Results

In November, Durham residents re-elected Gery Schirado and welcomed Joshua Drake to 4-year terms on the City Council beginning January, 2023. Drake, a Kingsgate neighborhood resident, is a local banker, who has lived in Durham with his wife and two boys since 2016. He is active in the community as a volunteer and coach and previously served 3 years on the Planning Commission.

Cheri Frazell, also a Kingsgate neighborhood resi-

dent, has been appointed to Drake's position on the Planning Commission. Frazell is the Deputy Chief of Financial Operations for US Fish and Wildlife Service. She previously served on the Budget Committee.

Monthly Meetings:

Planning Commission 1st Tuesday of the Month

City Council 4th Tuesday of the Month

* Please note that monthly meetings are available via Zoom. Links are provided upon request. Information as to whether the meetings will also take place in person is posted on the web-

The Durham City Council consists of 5 Councilors who serve 4-year terms. Councilors select the City's mayor each year in January to serve a one-year term. The City Council meets monthly on the 4th Tuesday of the month. Meetings are currently being held virtually due to the COVID-19 pandemic. The public is welcome to attend. A link will be provided upon request. The next scheduled City Council meeting is 7:30 PM on January 24th.

The Planning Commission consists of 7 members appointed by the Council to reflect the geographic areas of the City. Each member serves a 4-year term. The Planning Commission meets monthly on the 1st Tuesday of the month.

Juanita Pohl Center Winter Activities

Located in Tualatin Community Park, the Juanita Pohl Cen- Upcoming trips include: ter has exciting new fitness, social, and educational programs to help you get a jump-start on the New Year!

Fun fitness programs to help you reach your goals this year include T'ai Chi for Arthritis (beginner and intermediate), Gentle Yoga, Yang Style Tai Chi (beginner and 24movement), and Fit & Strong, a 12-week multi-component physical activity and behavior change program for joint pain, • stiffness, lower extremity pain and mobility issues.

If getting out and making new friends is your goal for the New Year, check out our day trips! All trips include fees, tickets/meals (when applicable), gratuity, escort, and transportation from and back to the Juanita Pohl Center.

> Durham residents receive resident pricing!

- Make Your Own Chocolate Workshop Thursday, January 12, 11:30am-3pm, \$65 Resident
- Ernesto's Italian Restaurant Thursday, January 26, 11:30am-3pm, \$41 Resident
- **Brunch at Lux Sucre** Friday, February 10, 9-11:30 am, \$33 Resident
- Nordic Northwest & Broder Soder Thursday, February 23, 8:30-11:30am, \$35 Resident

There's a lot going on at the Juanita Pohl Center! Find more engaging and entertaining activities and programs on their website, TualatinOregon.gov, call 503.691.3061, or stop by the Juanita Pohl Center in Tualatin Community Park!

Unwanted or Expired Medication? Dispose of it Safely!

Envelopes and information for mailing back unwanted or expired medication are available at Durham City Hall. A drop box is also available weekdays from 8 am to 5 pm in the lobby of the Tualatin Police Department at 8650 SW Tualatin Rd., Tualatin, OR, 97062





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Phone: 503-639-6851 Fax: 503-598-8595

E-mail: cityofdurham@comcast.net

Durham City Hall Office Hours

9am — 5pm, Monday through Friday

Find out more on our website: www.durham-oregon.us

Durham News Notes is written and published by City staff. We welcome information and contributions that may be of interest to Durham residents. The newsletter is published by the 15th day of the first month of each quarter (Jan, April, July, Oct). Deadline for inclusion is the 15th of the month prior to publication. Archived newsletters are available online or at City Hall.

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As you are putting your home back together after the holidays and beginning new indoor projects, please add "Emergency Preparedness" to your To-Do List. Here's a short list of possible updates:

- 1. **Inventory and Update your Go Bags** Change out medications, snacks, batteries, clothes, etc.
- 2. **Fire Safety** Shake your fire extinguishers, review fire escape plan
- 3. Review your Family Plan Update contact info, practice group text, connect with out-of-state contact
- 4. Pantry Inventory and replace outdated food, water, snacks, pasta, soup, etc.
- 5. **Update Under-Bed Kits** Make sure you have shoes, a flashlight, and whatever else you might need in case of an emergency at night
- 6. Update Documents Personal, Medical, and Financial
- 7. **Update the Cloud** Finish your home photo/video inventory and put it in the cloud
- 8. **Register for Emergency Notifications** Register for PublicAlerts.org, which will enable you to receive Emergency Alerts on your smart phone
- 9. **Pets** New to family? Prep their own "Go Bag"
- 10. **Host a Neighborhood Ready Presentation for your Cluster** Contact Durham resident, Barbara Bracken, at DBrac2@aol.com